

Adult Grief Support Groups

Tender Loving Compassion

A Grief Support Group For The Loss of a Child

Support group for parents who have lost a child of any age.

Group meets every other Monday at 6:30 PM at the Kale Funeral Home in Osceola

Sponsored by Rita Griffith

You can reach Rita at 641-447-2131 email: TLCgrief2003@yahoo.com

Offered by GREATER REGIONAL HOME CARE & HOSPICE

Greater Regional Hospice and Outreach Services offer bereavement support groups for anyone who has lost a loved one. Groups are open to the public and are free of charge. A new group will start September 10, 2007, meeting on Mondays, 7-8pm at the Great Regional Home Care, Hospice, Outreach and Public Health office at 1715 w. Prairie St., suite A in Creston. Office is located in the lower level of Crest Ridge Estates and is accessible by the east drive between Crest Ridge Estates and Prairie View Assisted Living.

Facilitator is Mary O'Riley, Hospice Chaplain. She is a Licensed Master Social Worker and Advanced Certified Alcohol and Drug Counselor. She has training in grief, loss and bereavement support through her mental health and chaplaincy work experience. For more information contact Greater Regional Hospice at 641.782.3528

GROWING THROUGH GRIEF WORKSHOP

by Hospice

Five educational/support sessions for anyone who has experienced the death of a relative or friend. Program designed to help participants use their grief as a vehicle for growth. Must be at least four months since the death. Call for dates and times. No charge. 401 Railroad Place - West Des Moines, Iowa 50265 Contact: David Manders.....(515) 274-3400

GRIEF SUPPORT GROUP

Support group for anyone coping with the death of a loved one. Meets 1st Thur. of each month, 1-2:30 p.m. OR 7-8:30 p.m. in Pastoral Care Office at Mercy Hospital Medical Center Third group meets 2nd Tue. of each month from 7-8:30 p.m. at Our Lady's Immaculate Heart Catholic Church, 510 E. 1st. Street, Ankeny, IA. Groups are on going. No Charge.

Pastoral Care Center, Mercy Hospital Medical Center, 400 University, Des Moines, IA 50314

Contact: Loretta Miller.....(515) 247-3238

MERCY GRIEF SUPPORT

“Growing Through Our Grief”

A grief support group for any adult coping with a cancer-related death. Meets 1st. Monday of each month at 6:00 p.m. Call ahead to confirm your involvement and session location. 411 Laurel St., Suite A 110, Des Moines, Iowa 50314

Contact: Lynne Kinseth.....(515) 643-8206

TOUCHING OUR GRIEF (T.O.G.) by Hospice

Meets every 4th. Monday, except in May & Dec. (3rd. Mon) 7 to 9 p.m. (Support group available in Perry, Indianola, Knoxville, Chartion, and Corydon.) Hospice also organizes “New Survivors Meet & Eat” every 2nd. Tue. 6:30-8:30 p.m., held at various restaurants which are announced in the Hospice Link Newsletter which is available by calling Hospice of Central Iowa. No charge. 401 Railroad Place, West Des Moines, Iowa 50265

Contact Dee Malena.....(515) 274-3400

LIFE AFTER DEATH OF A SPOUSE (LADOS)

Meets the 2nd Sunday of the month at 7 p.m. at Plymouth Congregational Church, 42nd St. and Ingersoll, Des Moines. In addition to the meetings there are camps, dinners and special events: Fun Day in October, Wonderful Weekend in the Spring, “Don’t Eat Alone” every Wed. at 5:30 p.m. at Bakers Cafeteria. Sponsored by DMARC. Local Widowed Persons Service contact organization. 421 NW 7th, Ankeny, Iowa 50021

Contact: Duane Anderson.....(515) 964-1819

PARENTS WITHOUT PARTNERS, INC.

Provides family/educational/social activities and support for single parents and their children. Membership eligibility requirements. P.O. Box 4156, Des Moines, Iowa 50333

Contact: Karen Witham.....(515) 267-8637

WIDOWED PERSONS SERVICE

A group of volunteers who have been widowed and who provide support and guidance for newly widowed men and women of all ages. Available nationwide, sponsored by local community groups and by the American Association of Retired Persons. 6786 Sunset Terrace, Des Moines, Iowa 50311

Contact: Jan Minarsich.....(515) 274-0708

DES MOINES PASTORAL COUNSELING CENTER

Independent, interfaith, quality mental health counseling for individuals, couples and families on an ability-to-pay basis. Office hours 8-6 Mon.-Fri., evening hours also available. Multi-disciplinary staff including psychologists, social workers, pastoral counselors, marriage & family therapists, mental health counselors, and a psychiatric consultant. Counseling provided in a variety of areas including: grief & loss, relationship

problems, self-esteem, occupational difficulties, anxiety, parent-child issues, stress, & spiritual matters. 550 39th St., Suite 100, Des Moines, Iowa 50312 (Satellite offices in Altoona, Ankeny, Indianola & West Des Moines)

Contact:(515) 274-4006

ALZHEIMER'S ASSOCIATION MID-IOWA CHAPTER

Support groups, resources, and education available to help professionals and families who have a relative with dementia or Alzheimer's. Call the Association for times and dates of upcoming meetings, programs, and events. A speaker is available for your group or organization. Office hours: M-F, 8-4:30 Iowa Lutheran Hospital, 700 University, Des Moines, Iowa 50316

Contact.....(515) 263-2478/(800) 738-8071

MADD (MOTHERS AGAINST DRUNK DRIVING) Counseling and advocacy for survivors of a drunk driving death or injury. Family must contact MADD, they do not call families that haven't shown an interest first. P.O. Box 65130, West Des Moines, Iowa 50265

Phone (your call will be returned).....(515) 223-8144

This is only a partial listing, if you would like further information please contact any of our Directors at Kale Funeral Home